



Oak & Well

ACUPUNCTURE

Community-Supported Acupuncture (CSA) Program

This *new* offering is for a **limited number of lower-cost treatments** each week to folks in our community. We are offering this **honor-based system** with a mission to expand access to rural healthcare in Jefferson county, help those from lower-income households or disadvantaged backgrounds, as well as raise awareness of the oppressive nature of a class-based capitalistic system.

Who can benefit from this program?

- Those who simply **cannot afford** our “Pay As You Go” or “Membership” options without experiencing significant financial stress.
- **Wage earners** in local food, retail industries, service workers, etc . This could include farmers, servers, grocery clerks, cooks, cashiers, baristas, and lots more.
- People who may be **self-employed** (full or part-time) and are having a hard go of it (given the astronomical costs of private healthcare for those not employed by an institution)
- **Low-wage earners within a non-profit** or similar mission-driven (rather than profit driven) organization.
- **Veterans of war** who are suffering from the traumas of violent conflict
- Might be a single parent, or lack extended family support, or suffer from a physical and/or mental health condition that limits your ability to be employed, or some other circumstance that creates **chronic financial hardship**
- Those experiencing the **direct & disempowering effects** of living within the capitalistic system or different social dimensions that are not allowing you to have the proper health support in life.

Booking a Community-Supported Acupuncture appointment is easy & simple! There is no additional hoop you need to jump through, no special application process, no income proof that you need to offer up. This is an honor-based system. **Just give us a call and we'll get you on the schedule.**

CSA Fee Schedule: New Patient Fee: \$70 | Follow-Up Fee: \$45

Want to help support this program? Please give to our Pay It Forward Program!

For those in our community with ample means, you can help support other community members receiving acupuncture by providing donations to help fund our Community-Supported Acupuncture program. We're committed to offering a set number of appointments to those in need each week. When we are given external funds to support this effort, the number of appointments can grow to more accurately support the diverse persons living on these lands, while creating a more equitable healthcare model for all.

To make a donation in support of your community members, either email us at info@oakandwellacupuncture.com, call us at 360.474.3655, or simply chat with Sean in person the next time you're in the clinic.